

## Back to Basics

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### INFO KIT

7 - 23 August, 2021

Ommen, The Netherlands

## WHY BACK TO BASICS?

The youth unemployment rate is high and in a changing process, entrepreneurs are rising and it offers more and more possibilities for you. Who wants to work for one boss for 30 years anyway? Don't you want freedom and explore new things in your work and future career?

The exchange is focussed on communication and cooperation. How well are you in working together with others? Are you really as social as you think you are? And what about solving a problem together or coming to an agreement? How do I take initiative and go for it? How do I make actions?

## FOR WHO IS IT?

The exchange is mainly focussed for young persons aged between 15 and 21 and who doesn't know on what to do in life and which choice I need to make when it comes to study and work. If you want to learn more about entrepreneurship and taking initiative, than this exchange might be something for you.

## WHAT WILL WE DO?

During the exchange we will use the method 'learning by doing'. So it is mainly doing things and then look back on what you did, why you did it and what you got out of it. This will be done in working together with participants from other countries. During workshops we will explore what your opportunities and possibilities are. During the workshops different working methods will be used, like photography, video, simulation game, interviewing and theatre. Furthermore, several outdoor activities will be organised in a way that you can put in practice your entrepreneurial communication skills.

We will focus mainly on the following aspects during the exchange:

- How can I become more entrepreneurial? - Initiative.
- How can I communicate better with others?
- How do I behave in a group when working with it? – Cooperation.
- To what extent I want to dare expanding my limits?

In this exchange we will work a lot with **outdoor activities**. Some will last a few hours, some will last half a day. In these activities we will focus a lot on taking initiative; finding a solution for a problem; how to work in a group in order to overcome an obstacle; how to use everything around you in order to help you solve your issue; cooperation.

*Be prepared to feel adrenaline, to feel fear, to feel success, to feel failure, but most of all, to have fun!*

## THE EXCHANGE

The exchange will be held in group accommodation Olde Vechte ([www.oldevechte.nl/en](http://www.oldevechte.nl/en)). We will take care all together of the group accommodation in cleaning, preparing breakfast & lunch and cooking ourselves for everyone.

Arrival day	Saturday 7 August
Departure day	Monday 23 August

After receiving confirmation of participation, you can book your ticket according to these details. Please inform the organisers about your arrival and departure time. Your presence is obligated during the entire duration of the exchange. If you wish to arrive earlier or depart later, please inform us upfront in order to help you with accommodation. Extra duration of accommodation will be at your own expenses.

11 countries will participate, which are Netherlands, Italy, Bulgaria, Lithuania, Portugal, Croatia, Hungary, Greece, Slovenia, Spain and Macedonia. From each country there comes 5 persons, so in total we will be with 55 persons.

During the exchange we need to maintain and keep the building clean ourselves, a carousel schema will be made in which everyone is equally involved in cleaning several parts of the building during the period.

## TRAVEL

Look for flights which arrive and depart at:

Arrival date: Saturday 7 August

Departure date: Monday 23 August – departure times around 12:00 from the airport

In the early morning there are no trains departing to the airports, the most convenient for you is to arrange a flight which departs in the afternoon or evening.

## OUTPUT

In the last days of the exchange you are asked to create a video documentary on how other persons can be more entrepreneurial, meaning: take initiative, cooperate and communicate in a more efficient way. This will be based upon the outcomes of the preparation phase and the exchange activities. With these documentaries we are going to create a Vimeo channel entitled “how to be more entrepreneurial in my daily life”, which will also be the final product of the Back to Basics project along with other (social) media articles which we ask you to write during the exchange.

## FINANCES

The costs for food and accommodation are covered, however, this time we are asking for a participation fee of **30,- Euro** per participant. That is due to the outdoor activities we are going to organise which require the rent of specific material, cars and services.

For travel costs you receive 275,- euro for both arrival and departure, you can spend this money in a way that suits best for your travel to and from Ommen and if you save money, it is yours and you can use it to cover your participation fee.

All costs related to COVID-19 tests for travelling will be 100% reimbursed.

## COVID-19

We will organise the exchange in such a way that we can keep a safe living & working environment in order to reduce the spread of the COVID-19 virus. We have experience in organising an exchange under these circumstances so we know what we can expect and how to keep it safe for you. We will take care of all safety measures and also, we won't let you do activities in which you are in large groups and in contact with any outside groups. During the outdoor activity you are out on the countryside at farms etc. so there is minimum risk and easy to keep your distance from others.

When you need to travel to/from Netherlands, it is likely that you need to do a test before entering the plane, this will be 100% reimbursed by us. Best is to check what is needed on the website of the airline company and you can check the latest rules and numbers in Netherlands on this website:

<https://www.government.nl/topics/coronavirus-covid-19/visiting-the-netherlands-from-abroad>

## PRACTICAL INFORMATION

- ✓ **Washing machine:**  
There is a washing machine at Olde Vechte with soap included.
- ✓ **Internet:**  
The buildings are provided with Wi-Fi connection.
- ✓ **Bed linen:**  
Bed linen will be provided
- ✓ **Showers and toilets:**  
There are plenty of showers and toilets in Olde Vechte accommodation. You do need to bring your own towels, soap and shampoo.
- ✓ **Clothing:**  
Weather in Netherlands can be crazy. Bring warm and light clothes, but most of all, bring rain proof, comfortable and old clothes as well, mostly for the outdoor activities!

## HOW TO GET IN?

If you want to receive more details about the exchange before applying, feel free to contact the partner organisation from your country of residency, or send directly the application form via the e-mail address you can find in the table below. Once you are selected to be included in this project, you will be invited to our Facebook group and you get more information with the practical details regarding the online preparation and the exchange in a confirmation letter.

Country	Organisation	Contact person	e-mail address
Bulgaria	Neformalna Grupa Mladezhi 'Haskovo v Evropa"	Gergana Gocheva	gerigocheva@abv.bg
Croatia	Europe House Slavonski Brod	Bozica Sedlic	jelevu@gmail.com
Italy	YOBBO	Pasquale Larocca	yobboprojects@gmail.com
Spain	Infinity	Itsaso Zaldibar	infinityelkartea@gmail.com
Lithuania	Informacijos centras "Kartu Europa"	Egle Zupkauskaite	generationsofeurope@gmail.com
Macedonia	Youth can	Dijana Micevska	info@youthcan.org.mk
Netherlands	Cherry International Foundation	Tahira Tarquini	contactcherrygroup@gmail.com
Portugal	Associação juvenil Rota Jovem	Beatriz Branco	goeurope@rotajovem.com
Greece	Youth Group	Christina Niarchou	niuxtina@hotmail.com
Slovenia	Mladinski center Idrija	Helena Locniskar	info@mcidrija.si
Hungary	EGYESEK IFJUSAGI EGYESULET	Aleksndra Vinczi	alexandra.vinczi@egyesek.hu



## ABOUT THE CHERRY INTERNATIONAL FOUNDATION

We are a group of young people who after many years participating and being involved in international events through other organizations, have decided to create our own foundation.

**The name** Cherry derives from the word cherish, which means "care and hold on something dear". That is exactly how we feel about every project we organize: protect/hold/care about it!

Our **aim** is to promote international events throughout Europe and when possible all over the world, involving youngsters with fewer opportunities, mainly those from rural areas.

Our **vision** is to give people the chance to discover their potential in order to create a better world.

Our **mission** is to organize international events.



Cherry International Foundation  
contactcherrygroup@gmail.com

