

DYI

Design Your Impact

Training course

Ommen, The Netherlands

16 - 24 October 2021

Trainers: Afonso Bértolo
Tahira Tarquini

WHAT

Design Your Impact (DYI) aims to bring an innovative approach for leading and facilitating groups in youth work. As we see it, a lot of programs and activities are chosen according to a standard, "by-the book" protocol, and debriefings are led in such way that the facilitator is searching for the "right" questions or once again following a set of standard questions. What we want to offer instead is a dynamic alternative for leading groups and activities in way

that focus mainly on the needs of young people who might be in front of you. In short: we want to focus on how to create an empowering and inviting context when working with young people.

This is not a training course to start getting acquainted with facilitation; it is there for improving and expanding your competences.

Our approach is based on 4 key elements:

- Craftsmanship - the capacity to design programs according to group needs and stage of development
- Connection - empathetic behaviour towards acknowledging group needs
- Communication - the holistic usage of body, voice and words to achieve desired impact
- Co-leadership - shared decision making through consensus

LEARNING OUTCOMES

This training is there for you to:

1. Become more attuned to the learning needs of the context you are working in;
2. Improve and boost your practical skills for working with groups
3. Promote and multiply the exchange of your best practices with other youth professionals

PARTICIPANTS' PROFILE

- Youth workers/facilitators/volunteers/trainers/peer educators
- Minimum 6 months experience in leading/facilitating groups
- Able to facilitate activities within 6 months after the TC
- Able to communicate an intermediate level of English / being able to clearly articulate and understand in English - given the methods and tools we provide, this is a fundamental requirement, so there is clear understanding of abstract concepts and ability to communicate clearly.

METHODOLOGY

We chose a range of methods empower the participants capacity to facilitate and deliver activities in a more clear and impactful manner:

- Experiential learning
- Informal learning
- Learning by submerging
- Communication models
- Body awareness methods
- Coaching
- Theater and dance
- Program design

**See an example of the method in action
in a previous organized (similar)
training:**

<https://youtu.be/iy0Wxpe6huQ>

The program is built up step by step from specific to general when it comes to group facilitation. The starting point will be focused on self-awareness and will develop towards program design based on awareness of group's needs.

This program was designed for those who are have at least a basic-intermediate experience in facilitation. All the tools and methods are, in our opinion and experience, more beneficial for them as they will be able to translate the learning experience into their working experience.

THE PROGRAM

Day 1 - First steps	Getting acquainted with the training and everyone who's present; the focus of the day will be on acknowledging usual leading style, mapping working methodology, and, upon that, setting learning goals
Day 2 - Communication	Observing yourself and your communication patterns (non-verbal, vocal, verbal), while realizing what can be my impact on others. Identifying and connecting with different communication needs in a group.
Day 3 - Group Dynamics Connection to individual needs	Understanding the dynamics of groups – how they evolve and how it impacts the interaction between participants and between participants and facilitators – and how to intervene effectively Creating the sense of trust and being listened to in participants by aligning personal communication
Day 4 – Creating impact	Mastering the body as a working tool for creating impact in others, in order to create an atmosphere or specific emotional context in a group Using coaching tools to increase the impact of debriefings
Day 5 – Craftmanship	Designing programs according to group needs Preparing for the creation of the learning community
Day 6 & 7 – Learning community	For 2 days the group of participants will be taking the lead, by designing a program that caters to everyone's needs. You will have the opportunity to put into practice what you learnt from the TC in combination with your working expertise. This is will be the optimal ground for the exchange of best practices in a self-organized manner.
Day 8 – Sharing the knowledge	This day will be there for: <ul style="list-style-type: none"> • Reflecting on the process of the Learning Community • Share the knowledge by creating a manual of best practices all together. This manual will be used for promotion and to inspire & support youth workers across Europe.
Day 9 – Final steps	During this day we will close the TC and it will involve presenting the manual, final reflection, follow-up agreements and closing ceremony.

Note

This is a first proposal for the program of the TC. It can be that based on participants' needs the program might change daily. We like to work with a flexible program in order to fit to the most the current needs of the group while keeping the main pedagogic line.

THE TRAINERS



AFONSO BÈRTOLO

Afonso is an experienced trainer, youth worker and project manager, with a background on Clinical Psychology. Since 2009 he has been involved in community intervention and working with groups in several international contexts around the world. Within the frame of YiA/LLP/E+ he has facilitated several training courses and youth exchanges. Outside the frame of Erasmus+, he has been involved in personal development and coaching training courses across Europe, and cooperation and development projects involving community development through youth work and HIV/AIDS counselling training for health care workers during 2 years in Guinea-Bissau.

Tahira works as project coordinator and coach since 2013, with background in Business and Economics and Positive Psychology. She has facilitated trainings and youth exchanges with the main emphasis on communication and cooperation when working in a group. She uses wolfdogs and constellations as a tool in coaching in one-to-one sessions and in group settings. She has been involved in personal development training courses as well and social cultural work with youngsters in small communities



TAHIRA TARQUINI

● PRACTICAL INFORMATION

DATES

Arrival & registration	16 October
Start of the program	17 October
Closing of the program	23 October
Departure	24 October

VENUE

The program will be facilitated in group accommodation and training center Olde Vechte in Ommen:

www.oldevechte.nl/en

Olde Vechte has shared rooms (2 to 5 persons each) with shared showers and toilets. There is a Wi-Fi connection in the building, a washing machine and many rooms where you can sit, work and relax. Next to the building there is the training room (barn) where we will facilitate the activities. More detailed information on the venue and on how to reach the place will be included in the confirmation letter that will be sent to you after your acceptance.

CONDITIONS

It is necessary to participate from the beginning of the TC till the end, no late arrivals / early departures

There is 70€ contribution fee from each participant to be paid in cash upon arrival.

The organizers will arrange the boarding, accommodation, materials, content of the training.

The organizers will reimburse the travel costs of the participants after they complete the training course up to the lump sum amounts in Erasmus + rules:

- Netherlands: € 20,-
- Macedonia, Lithuania, Portugal, Italy, Greece, Croatia and Hungary: € 275,-
- Greece (Solidarity Mission): € 360,-



We ask you NOT to book your ticket until you get the confirmation that you have been accepted into the TC.

It can be that you will have to make a Corona test upon departure. We kindly ask you to combine the travel costs reimbursement with the Corona test cost, and if not possible, contact us and we will come up with a

HOW TO APPLY

Contact our partners to receive the application form. They will do the selection and preparation of your participation in the training.

Deadline for applying: 30th August 2021

You will know by the 1st September 2021 if you are selected, so you will have enough time to arrange the travel and get ready for the training course.

OUR PARTNERS

If you want to receive more details about the project before applying, feel free to contact our partner organization or contact us directly.

Country	Partner	E-mail address
Hungary	Egyesek	info@egyesek.hu
Greece	Praxis	alevra@otenet.gr
Greece	Solidarity Mission	training@solidaritymission.org
Italy	YOBBO	yobboprojects@gmail.com
Lithuania	Generations of Europe	generationsofeurope@gmail.com
Republic of North Macedonia	YouthCan	mladitemozat@gmail.com
Portugal	Rota Jovem	goeurope@rotajovem.com
Portugal	CoopCasa	c.a.s.artistica@gmail.com
Croatia	Europe House Slavonski Brod	info.edsb@gmail.com
Netherlands	Cherry International Foundation	contactcherrygroup@gmail.com

If you have questions, need clarifications or you would like to know more, contact us and we'll be happy to answer all your questions

Tahira Tarquini – contactcherrygroup@gmail.com

Looking forward to meeting you!